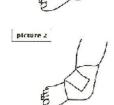


Designed for life.

CRYO PNEUMATIC ANKLE WRAP

- 1. Remove gel pack and place in freezer for a minimum of 2 hours (see warnings below).
- 2. Remove gel from freezer, re-attach gel pack inside ankle wrap, making sure seam lines on wrap and gel pack line up and footbed pad is facing upward
- 3. Grasp ankle wrap, place wrap on clean surface with wrap seams facing downward. PICTURE 1
- 4. Place foot in wrap, making sure heel is comfortably positioned thru opening in back of wrap.
- 5. Secure strap over top of ankle to desired fit. PICTURE 2
- 6. Attach tube with bulb to valve.
- 7. To inflate, switch to "ON" position, pump bulb to desired compression, making sure not to over inflate. To deflate, press button at base of bulb.
- 8. When desired compression is attained, switch to "OFF" position and remove tube with bulb from valve connection.

Note: splint may also be deflated by removing tube while in "ON" position.



picture 1

WARNING: recommended cold therapy treatment; 20 minutes on patient, 20 minutes off.



CAUTION

- 1. DO NOT OVER INFLATE improper inflation may inhibit circulation or cause skin irritation
- 2. Use only after following directions for use
- 3. Do not use gel pack on area of sensitive skin
- 4. Cold therapy should not be used by people with circulatory problems unless prescribed by a physician
- 5. Gel pack is non-toxic not intended for ingestion
- 6. Discard gel pack if punctured or torn





Designed for life.

CRYO PNEUMATIC ELBOW WRAP

- 1. Remove gel pack and place in freezer for a minimum of 2 hours (see warnings below).
- 2. Remove gel from freezer, re-attach gel pack inside elbow wrap, making sure seam lines on wrap and gel pack line up and is facing upward.
- 3. Grasp elbow wrap, place wrap on clean surface with wrap seams facing downward.
- 4. Place elbow in wrap, making sure elbow joint is comfortably positioned thru opening in wrap.
- 5. Secure strap around elbow desired fit.
- 6. Attach tube with bulb to valve.
- 7. To inflate, switch to "ON" position, pump bulb to desired compression, making sure not to over inflate. To deflate, press button at base of bulb.
- 8. When desired compression is attained, switch to "OFF" position and remove tube with bulb from valve connection.

Note: splint may also be deflated by removing tube while in "ON" position.

WARNING: recommended cold therapy treatment; 20 minutes on patient, 20 minutes off.



CALITION

- 1. DO NOT OVER INFLATE improper inflation may inhibit circulation or cause skin irritation
- 2. Use only after following directions for use
- 3. Do not use gel pack on area of sensitive skin
- 4. Cold therapy should not be used by people with circulatory problems unless prescribed by a physician
- 5. Gel pack is non-toxic not intended for ingestion
- 6. Discard gel pack if punctured or torn

